

Adult Breakfast: \$3.00
 Adult Lunch: \$5.00
 1% White Milk or Fat Free
 Chocolate Milk \$0.35





Served Daily
 Assortment of Cold Cereals
 Fresh Fruit & Vegetables

If your child requires a vegetarian option,
 one will be provided

Redding School of the Arts



MARCH BREAKFAST AND LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				Breakfast: 1 Parfait Lunch: Veggie Deli Sandwich with French Fries
Breakfast: 4 Breakfast bar Lunch: Ravioli and Beethoven Breadstick	Breakfast: 5 Scones Lunch: Hand-Rolled Bean and Cheese Burrito	Breakfast: 6 Cinnamon roll Lunch: Vegetarian Chow Mein	Breakfast: 7 Waffle Lunch: Pasta Marinara with a Cheese Stick and Dinner Roll	Breakfast: 8 Sliced breakfast bread Lunch: Pasta Alfredo with a Cheese Stick and Texas Toast
Breakfast: 11 Yogurt Lunch: Cheese Piano Pizza with a Veggie Boat	Breakfast: 12 Waffle Lunch: Nachos with all the Toppings!	Breakfast: 13 Muffin Lunch: Vegetarian Fried Rice Bowl	Breakfast: 14 Scones Lunch: Veggie burger with Banjo Baked Beans	 Breakfast: 15 Parfait Lunch: Veggie Nuggets and Toasted Tots
Breakfast: 18 Breakfast bar Lunch: Loaded Mash Potato Bowl	Breakfast: 19 Scones Lunch: Bean and Cheese Trumpet Tostada	Breakfast: 20 Cinnamon roll Lunch: Vegetarian Chow Mein	Breakfast: 21 Waffle Lunch: Pasta Marinara with a Cheese Stick and Texas Toast	Breakfast: 22 Sliced breakfast bread Lunch: Grilled Cheese with Fresh Veggies
Breakfast: 25 Bagel Lunch: Grilled Cheese with Chili	Breakfast: 26 Waffle Lunch: Cheese Quesadilla	Breakfast: 27 Muffin Lunch: Vegetarian Fried Rice Bowl	Breakfast: 28 Scones Lunch: Veggie Nuggets & Waffles	Breakfast: 29 Parfait Lunch: Veggie Deli Sandwich with French Fries

Redding School of the Arts is an equal opportunity provider and employer. For a full Nondiscrimination Statement, please visit our website at www.rsarts.org. Menu items are subject to change.